

ANTI-STAIN TOOTHPASTE

Nelea Pasechnic, Hannah Daniliuc



https://www.abbotthealth.com/usa_p_r4168732464693/Sensodyne_Extra_Whitening_Toothpaste.html
<https://www.google.com/maps/place/Sensodyne+Toothpaste+USA/@40.7128541,-87.6297962,15z/data=!3m1!1e3!3m1!1s40.7128541,-87.6297962,15z>

WHO IS IT FOR?

- Those with extrinsic staining
- Safely removing surface stains & the formula helps prevent new stains from forming
- Teeth whitening

INSTRUCTIONS FOR USE

- Frequency - at least two minutes, twice a day
- Pea-sized amount

ACTIVE INGREDIENTS/ MECHANISM OF ACTION

- Hydrogen & Carbamide Peroxides (remove or prevent stains, can alter enamel)
- Sodium tripolyphosphate, sodium bicarbonate, sodium hexametaphosphate (remove or prevent stains)
- Papain (enzyme whitening agent)
- Dimethicone (prevents stain formation)

(Darby & Walsh, 2014)



<https://www.walgreens.com/store/c/crest-pro-health-advanced-extra-whitening-toothpaste/ID=prod6347300-product>

WHERE TO GET IT?

- Grocery Store
- Online Retailers

CONTRADICTIONS

Hard abrasives may be harmful to enamel making it even more prone to staining and can cause sensitivity (Liu & Tu, 2021)



<https://nypost.com/article/best-whitening-toothpastes-per-dentists/>



<https://www.crest.com/usa/products/crest-3d-white-brilliance-whitener-teeth-toothpaste.html>



<https://us.britishessentials.com/products/colgate-max-white-expert-anti-stain-whitening-toothpaste-75ml>

References

- Walsh, M., & Darby, M. L. (2014). *Dental Hygiene - E-Book: Theory and Practice*. Elsevier Health Sciences.
- Liu, H., & Tu, J. (2021). *Reduction of extrinsic tooth stain by a toothpaste containing 10% high cleaning silica, 0.5% sodium phytate and 0.5% sodium pyrophosphate: an 8-week randomised clinical trial*. *BMC Oral Health*, 21(1).
<https://doi.org/10.1186/s12903-021-01484-5>