

PRESCRIPTION FLUORIDE HOME PRODUCTS



What's in it?

Active ingredients:

Sodium Fluoride

Neutral Sodium Fluoride

How does it work?

The application of fluoride to exposed dentin results in the production of calcium fluoride and additional deposits. This diminishes the functional diameter of the dentinal tubules or causing their blockage (Darby & Wash, 2014).

Instructions for use

Mouth rinses

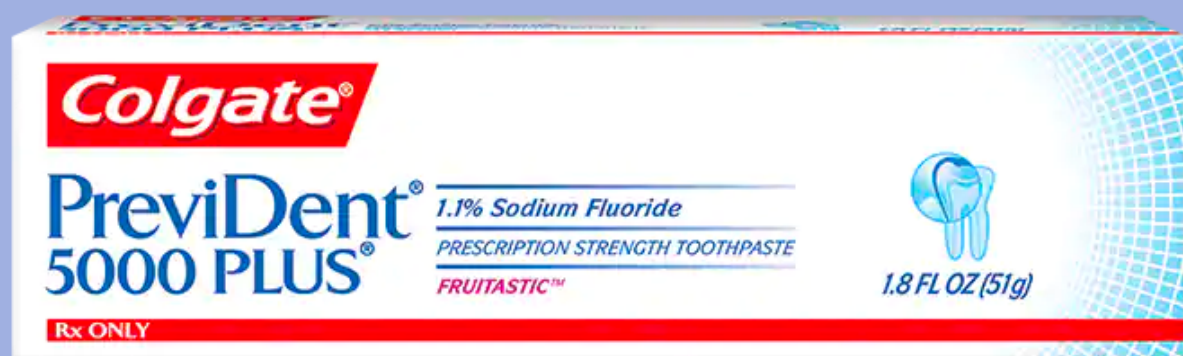
PreviDent Rinse (0.2% Neutral Sodium Fluoride)

Rinse 2 teaspoonfuls (10ml) Once a week, preferably at bedtime after thoroughly brushing the teeth, rinse vigorously around and between the teeth for one minute, then expectorate. DO NOT SWALLOW (Colgate, n.d).

Toothpaste

Clinpro 5000 (1.1% Sodium Fluoride)

PreviDent 5000 (1.1% Sodium Fluoride) - apply a thin ribbon to a toothbrush. Brush teeth thoroughly once daily for two minutes, preferably at bedtime, in place of your regular toothpaste (Colgate, n.d).



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Who/what is it Recommended to

Recommended for patients who reside in non-fluoridated communities and patients at high risk for dental caries, which means that you have a past history of tooth decay or current active decay (Bowen & Pieren, 2020).

Contraindications

Patients with dysphagia should not use mouth rinses (Colgate, n.d.)
Patients under 6 years of age should not use prescription fluoride unless recommended by a dentist or physician because of its high concentration (Colgate, n.d.).

How to get Rx fluoride

Must be prescribed by your dentist or physician.





References

Bowen, D. M., & Pieren, J. A. (2020). *Darby and Walsh Dental Hygiene: Theory and Practice*. Elsevier.

Darby, M. L., & Walsh, M. M. (2014). *Dental Hygiene Theory and Practice*. (Fourth Edition). Elsevier.

Prevident® 5000 ppm booster plus (rx only). (n.d.).

<https://www.colgateprofessional.com/products/toothpaste/colgate-prevident-5000-booster-plus-rx-only>

United States. 3M in the United States. (n.d.).

https://www.3m.com/3M/en_US/p/d/b00005767/

