

# End tuft brush & Sulcabrush

## Purpose

End-tuft brushes and sulcabrushes are specialized dental appliances that assist in cleaning hard-to-reach areas.

- End-tuft brushes are useful for crowded teeth, distal surfaces of posterior teeth, linguals of anterior teeth, and for areas around orthodontic appliances
- Sulcabrushes are helpful for areas around the gumline, interproximal areas, as well as areas of recession



## Methods

- Place the tip of the end tuft brush along the gumline at a 45 degree angle
- Apply gentle pressure and move in a circular motion
- For sulca brushes, utilize proper inner and outer tip
- Utilizing this supplementary aid is intended to reduce inflammation and clean difficult to reach areas

## Limitations

- Supplementary aid in addition to traditional tooth brushing and flossing
- Replace according to manufacturer instructions
- Limited data specifically on end tuft brushes



## Product

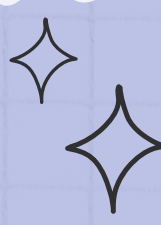
- The price of end-tuft brushes and sulcabrushes typically ranges from \$5 to \$25, depending on factors such as the retailer, product quality, and whether you buy a single brush or a multipack
- They are available at local grocery stores, drugstores, and online retailers



## Video Demonstration



End Tuft Brush  
Demonstration



<https://www.youtube.com/watch?v=DlxRDbofRV0>

## References

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