

NON-FLUORIDATED CARIES PREVENTIVE AGENTS - XYLITOL GUM

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pch.vector: MW's images, Canva

Product's active ingredients

- The product's active ingredient is Xylitol
- Xylitol is a natural occurring 5-carbon sugar alcohol



<https://www.amazon.com/Spry-Peppermint-1x240-Ct/dp/B00H4H1C1I>

Instructions for use

- For optimal effectiveness, it is recommended that consumers chew xylitol gum 3-5 times daily for at least 5 minutes
- Recommended dose is 6-10 g/day
- Recommended to chew gum after meals



<https://www.amazon.com/PUR-Gum-Spearmint-165-pieces/dp/B06X8Z2W7W>

Mechanisms of action

- Promotes salivation which therefore enhances remineralization
- Increased saliva production, reduces adhesion of microorganisms to tooth surface
- Increased saliva production raises pH
- Prevents the growth of microorganisms in plaque
- Acts as a substitute for sugary gum or snacks

Who/What is this product recommended for

- For the prevention of caries
- For reduction of harmful bacteria
- For prevention of dry mouth

Contraindications or side effects

- Excessive gum chewing can lead to jaw fatigue
- May exacerbate TMD pain and symptoms
- For individuals with IBS, it could cause digestive issues
- Excessive use may cause GI effects such as diarrhea and stomach aches
- Avoid use if allergic to xylitol
- Xylitol is toxic to animals

Product cost and where it can be purchased

- The price of xylitol gum typically ranges from \$3 to \$15, depending on the brand and quantity
- It is available for purchase at local grocery stores as well as through online retailers

ADA Seal or FDA approval

- Certain sugar-free gums that meet the necessary standards display the ADA Seal on their packaging
- Xylitol is FDA approved

NON-FLUORIDATED CARRIES PREVENTIVE AGENTS - MI PASTE

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Product's active ingredients

- Casein Phosphopeptides (CPP) and Amorphous calcium phosphate (ACP)
 - Recaldent
- Available Flavors: Mint, Melon, Strawberry, Tutti-Frutti, and Vanilla

FDA approval

- FDA approval received in 2004

Mechanisms of action

- When applied to the oral environment in the presence of saliva, MI Paste binds to biofilms, plaque, bacteria, hydroxyapatite, and soft tissues, localizing the bioavailable calcium and phosphate.
- Assists in inhibiting demineralization and promoting remineralization by releasing calcium and phosphate under acidic conditions
- Facilitates the immediate sealing of dental tubules

Product cost and where it can be purchased

- Prescription only; purchased from dental office or pharmacy
- Dental providers can purchase from dental supplies: Safeco, GC America, etc.
- 10 Pack, 40g tubes \$162
- Typical patient price from \$23+

Instructions for use

- At home application:
 - Applied directly to the teeth using a finger rather than a brush
 - Use your tongue to spread saliva over the paste to initiate the release of ACP.
 - Can be used in disposable applicator trays
- In-office application:
 - Applied with a tray or glove, leave undisturbed for three minutes
 - Have patient expectorate, do not rinse
- Do not eat or drink for 30 minutes after use
- Apply once a day in adjunct to normal toothpaste, does not replace brushing with toothpaste
- Indicated for use in-conjunction with fluoride treatment.

Who/What is this product recommended for

- For desensitizing, can be used before or after cleaning or whitening
 - Indicated for recession
- For high-carries risk individuals
- For pregnant women
- For children under six
- Individuals with xerostomia
- Orthodontic patients

Contraindications or side effects

- Do not use on patients with a milk protein or hydroxybenzoates allergy
- In case of allergic reaction, stop use, rinse mouth with water, and seek medical advice



<https://www.dentist.net/products/gc-ameria-mi-paste>

References

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