LWTech Applied Research Symposium 2021

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LAKE WASHINGTON INSTITUTE OF TECHNOLOGY

KIRKLAND



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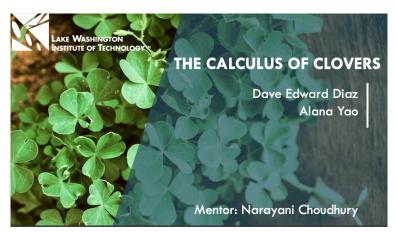
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This book represents student research from the Applied Research Symposium at Lake Washington Institute of Technology on May 13, 2021. The Applied Research Committee welcomes and supports student work including research and project work in all disciplines across the college. In this issue, students contributed research from fields of art, behavioral health, biology, education, engineering, social science, and mathematics. This was the second annual symposium on campus. The symposium was organized by the Applied Research Committee, including:

Michael Rodriguez, Chair Benjamin Meyer, Vice-Chair Doug Emory Sarah Chandler Christine Turpin Laura Toussaint Sharon Raz Kimberly McClure Barcin Acar Neha Kardam Lauren Cline Hany Roufael

DAVE EDWARD DIAZ AND ALANA YAO



The Calculus of Clovers by Dave Edward Diaz and Alana Yao

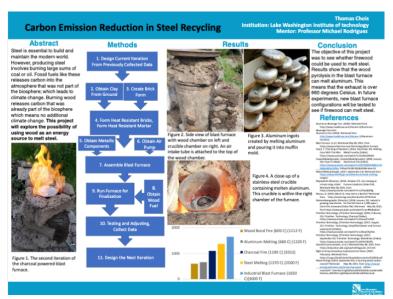
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Summary

Here, we will discuss the calculus of the clover-leaf shape. Using double integration with polar coordinates, we find the areas of these shapes. We use multivariable calculus-based methods to estimate the average height of water in a clover-shaped swimming pool. The methods we use are very generic that elucidate the calculus of clovers. Such studies have many real-world applications as the clover-leaf is a fundamental shape that manifests often in nature. Its shape is seen in leaves, flowers, tRNA, etc. T-RNA (transfer ribonucleic acid) is a type of RNA molecule that helps decode a messenger RNA (mRNA) sequence into a protein. Cloverleaf shapes are used in engineering design elements. The electronic d-orbitals have a three-dimensional cloverleaf shape. The Chandra observatory discovered exciting findings of clover-leaf quasars that provide evidence of large-scale star formation in the early universe. We have a cloverleaf interchange at the 85th street at Kirkland. The calculus of clovers thus has many applications in fundamental sciences, engineering, and transportation.

Carbon Emission Reduction in Steel Recycling

THOMAS WON CHOIS



Carbon Emission Reduction in Steel Recycling by Thomas Won Chois

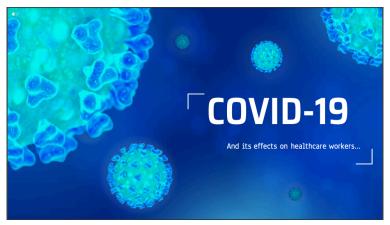
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Summary

Steel is essential to build and maintain the modern world. However, producing steel involves burning large sums of coal or oil. Fossil fuels like these releases carbon into the atmosphere that was not part of the biosphere; which leads to climate change. Burning wood releases carbon that was already part of the biosphere which means no additional climate change. This project will explore the possibility of using wood as an energy source to melt steel.

COVID-19 And its effects on healthcare workers...

COY KINDE AND BINNAY PIROT



COVID-19 And its effects on healthcare workers... by Sabrina Do and Binnay Pirot

Note: Click on image to see PowerPoint presentation

Summary

The pandemic has rapidly increased the demand for frontline healthcare workers. In December 2020, we surveyed healthcare workers to identify, assess and summarize research on the mental health impact of the COVID-19 pandemic on healthcare workers. Psychological problems were assessed using a generalized anxiety disorder scale, the Healthcare Worker Survey, and Anxiety Depression Test. Our results revealed a significant psychological impact of COVID-19 on healthcare workers.

The Power of Art: A Mental Health Therapy

MONICA SHOEMAKER



The Power of Art: A Mental Health Therapy by Monica Shoemaker

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Flu Vaccine Analysis

BINNAY PIROT AND SABRINA DO

Flu Vaccine Analysis

Sabrina Do & Binnay Pirot

Flu Vaccine Analysis by Sabrina Do and Binnay Pirot

Note: Click on image to see PowerPoint presentation

Summary

The aim of this descriptive cross-sectional study was to see whether the COVID-19 pandemic influenced the decision by healthcare workers and non-healthcare workers to get a flu vaccine. From November 9th through the 21st of 2020, participants were invited to complete an online survey on how likely they were to get the flu vaccine in the year 2020, the start of the pandemic, versus pre-COVID 19, year of 2019. A total of 305 participants 18 years and older in Washington State participated in this study. Healthcare professionals were found to be more likely to get a flu vaccine compared to non-healthcare workers in 2020. Among participants 55 and older, flu vaccination did not vary from 2019 to 2020. Little mention of the COVID-19 pandemic was brought up in the completed questionnaires where participants were asked to state their reason for getting or not getting the flu vaccine. Out of the 305 participants, only 3 mentioned COVID-19 (less than 1% of all responses) as one of their reasons. It is recommended to get a flu vaccine during the COVID-19 pandemic as these two viruses share similar symptoms. In times of uncertainty, any prevention method can help decrease the risk of flu and COVID-19 infections. Through public health surveillance, results of this study can be updated as the pandemic continues. With the rise of COVID-19 vaccinations and flu season set to come around yet another year, administered flu vaccines may very well rise from the initial study.

How Inquiry Can Be Used to Connect Curriculum Content Areas in Early Childhood Education

ABRA ZINK

How Inquiry Can Be Used to Connect Curriculum Content Areas in Early Childhood Education

ADSITICIT We are living in an age where an answer to any question is available with a cick of a mouse or a simple "Alexa?" But are fitnes answers always correct? What is a cick beaming about the availy charter and the second second second second corrections to cause a second second

his project will focus on an inquiry ased approach and how it can be used b integrate curriculum content areas. he hope, however, is that this is just he starting point to anchor all curriculum ntent areas to each other, allowing ildren to connect in a way that feels ht to them while learning to answer s in a factual way.



 Surveys of early childhood educators Focus group

Analysis of developmental theories

r information contact me at Abra 7ink@email

Objectives The objective of this project is to

asses if early childhood educators can integrate curriculum content areas through the incorporation of inquiry skills and to give educators strategies that can be used in the classroom



Young children don't separate content into different areas; they naturally see and integrate learnin in a holistic way as they play." (McClure, G. 2017 p1) ng (McClure, G. 2017 p1) By staggering curriculum content areas throughout the day and not making connections, teachers are actually preventing children from fully understanding what is being taught. Instead, it is importative that bechers take time to hole a way fit

teachers take time to plan a way to connect curriculum content areas. connect curriculum content areas. Example: when learning about insects during science; read books about insects for literacy, mix insects in resin with wooden blocks then graph or count what is built, learn where different insects live for social studies and create insect inspired art



documenting the children's learning focusing on questions that are being Once a list of questions has been compiled, start the research together.

Following that the research togenet. Following the children's interests may result in a long term investigation or study that could be truly meaningful. (This style of learning is often called "Project Based Learning.")

Children will likely not remember everything they learn while in early childhood education, but they will remember how they went about learning and how a teacher's ement made them feel



Conclusion

"Education is not the filling of a pail, but the lighting of a fire."

- W.B. Yeats

— W.B. Teass To teach inquiry, we must first admit that we do not have the answer to every question. We must long to learn alongside the children that we are guiding. When a child asks a "big picture" question, instead of mendelately giving the answer, offer them the chance to find the answer with you. This can be done by making observations, reading books, or reasarching the answer in a or researching the answer in at is valuable to the child. Th to say that technolog ed, it is instead to sup n't be st that we use children will g ion. Chi t as a tool not a so on to spend 13-20 plus years in formal education settings, why not teach children to find joy in those settings? I id challenge teachers to be the cator that helps children to love



How Inquiry Can Be Used to Connect Curriculum Content Areas in Early Childhood Education by Abra Zink

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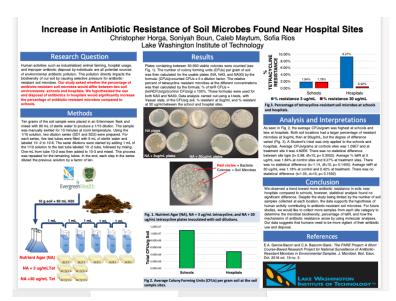
Summary

We are living in an age where an answer to any question is available with a click of a mouse or a simple "Alexa!"

But are these answers always correct? What is a child learning about the inquiry process with such quick solutions? Children used to be taught to research questions because, as Margret Mead said, "Children must be taught how to think, not what to think." Unfortunately, the advance of technology has caused a step backward in practicing inquiry education. This is a detriment to children who will continue to move on into formal education without knowing the art of finding information on their own. This project will focus on an inquiry based approach and how it can be used to integrate curriculum content areas. The hope, however, is that this is just the starting point to anchor all curriculum content areas to each other, allowing children to connect in a way that feels right to them while learning to answer questions in a factual way.

Increase in Antibiotic Resistance of Soil Microbes Found Near Hospital Sites

CHRIS HORGA



Increase in Antibiotic Resistance of Soil Microbes Found Near Hospital Sites by Christopher Horga

Note: Click on image to access poster

Summary

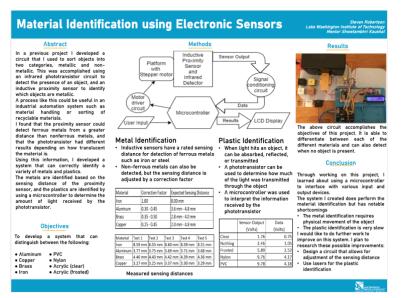
Human activities such as industrialized animal farming, hospital

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usage, and improper antibiotic disposal by individuals are all potential sources of environmental antibiotic pollution. This pollution directly impacts the biodiversity of our soil by causing selective pressure for antibiotic resistant soil microbes. Our study asked whether the percentage of antibiotic resistant soil microbes would differ between two soil environments: schools and hospitals. We hypothesized the use and disposal of antibiotics in hospitals would significantly increase the percentage of antibiotic resistant microbes compared to schools.

Material Identification using Electronic Sensors

STEVEN ROBERTSON



Material Identification Using Electronic Sensors by Steven Robertson

Note: Click on image to access poster

Summary

In a previous project I developed a circuit that I used to sort objects into two categories, metallic and nonmetallic. This was accomplished using an infrared phototransistor circuit to detect the presence of an object, and an inductive proximity sensor to identify which objects are metallic. A process like this could be useful in an industrial automation system such as material handling or sorting of recyclable materials. I found that the proximity sensor could detect ferrous metals from a greater distance than nonferrous metals, and that the phototransistor had different results depending on how translucent the material is. Using this information, I developed a system that can correctly identify a variety of metals and plastics. The metals are identified based on the sensing distance of the proximity

sensor, and the plastics are identified by using a microcontroller to determine the amount of light received by the phototransistor.

Mathematical Modeling and Kinematics of a Glider

ALEX GALE, KWAN JIE LEE, ANGELA LEE, AND LUCAS MINET

Mathematical Modeling and Kinematics of a Glider



Mathematical Modeling and Kinematics of a Glider by Alex Gale

Note: Click on image to see PowerPoint presentation

A video element has been excluded from this version of the text. You can watch it online here: https://openwa.pressbooks.pub/ lwtechappliedresearchsymposium2021/?p=80

Summary

Under water gliders are free-swimming robotic vehicles that gather conductivity-temperature-depth (CTD) data from the ocean for months at a time and transmits the data in real time via satellite telemetry. Studies using gliders have important applications in oceanography, engineering, and remote sensing. Here we employ mathematical models for studying the flightpath of a glider using vector valued functions. We use these models to calculate the osculating plane of the glider. The model parameters are optimized to minimize turbulence. We studied the kinematics of a glider using reported real time GPS data. We analyzed the reported glider velocity data and used vector-calculus based methods to derive the instantaneous and average velocities and acceleration vectors. We apply matrix-algebra based methods to translate and rotate the glider to position it at appropriate coordinates underwater for gathering data. This research involves mathematical modeling of real-world data, applied optimization, and data visualization. These studies provide novel avenues for hands on exploration and application of key mathematical concepts.

Measuring Action Potentials via Suction Electrode in Animal Ganglia

SOFIA RIOS

Measuring action potentials via suction electrode in animal ganglia s: Michael Rodriguez and Dr. Hany Roufa

Abstract

Methods

A significant amount of work has been published using crayfish as a model organisms for neurophysiological taching and research.

Research Objectives

- Investigating the core concepts of electrophysiology
- Preliminary construction of data acquisition apparatus for nerve signal research using crayfish as a model organism
- · Establishment of a research program to propel undergraduate students towards their transfer institutions

A special thanks to Judy Mattson and Priyanka Pant for coordinating and getting crawfish for usl A big thank you to Dr. Hany Raufael and Michael Rodriguez for your help establishing a project and guiding us through our experiment.

Acknowledgments

- Anesthetics & Conduction solution: 10% ethanol solution; crawfish were also placed in an ice bath for 5-10 minutes
 Van Harreveld's saline solution
- A rudimentary suction electrode A rudimentary suction electrode was constructed from a 1 mL syringe, silver wire, micropipette tip, stop cock, and a 3 ml syringe
- mL syringe
 The electro , ode was connected directly to a TEK TDS 2000C series oscilloscope.

Dissection: A cut was made at the top of the abdomen below the cephalothorax; exoskeleton was removed to expose nerves

Recording: Negative pressure was used to suck the nerve end near the silver wire. Spontaneous impulses from the nerve were then shown on the oscilloscope as slight spikes in activity







Fig 2. abdomen section of cravfish



Fig. 3 Suction electrode near nerve tissue.

Conclusion

Specimen: Earthworms or cockroaches are more accessible may provide higher-quality data

· Wait until it is crayfish season locally Suction el

- · Pure, solid silver wiring needed
- · Better grounding system to reduce noise

Electrophysiology equipment

- Faraday cage to reduce environmental noise
- · More refined acquisition system
- Future Directions: Anesthetics & Drug resea
- Neural learning
- Bioindicator

References

Olivo, R.F. Lab 7: Motor Units in the Crayfish Nerve Cord. Smith College March 23, 2015. World Precision

Instruments. Constructing an Extracellular Electrode.

Measuring Action Potentials via Suction Electrode in Animal Ganglia by Sofia Rios

Note: Click on image to access poster

Summary

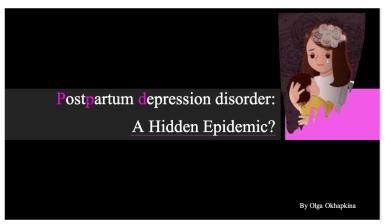
Considerable research has been done examining the method of

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nerve signal initiation and propagation in model organisms. However, few to no experiments have encompassed a hybrid technique using both electrical signal collection and laser signal analysis. The focus of this research is to determine the efficacy of a hybrid experimental technique and applications for this type of research. Several animal models have large nerve fiber axons that can be studied using a microscope and an electrode probe including crayfish, earthworms, squid, crickets, and cockroaches. In this study, we stimulate sensory receptors and collect nerve transmission data using a student-fabricated electrode probe and a photonics setup to correlate data tissue dynamics. This research should lead to interesting undergraduate research applications in the future.

Post Partum Depression disorder: A Hidden Epidemic?

OLGA OKHAPKINA



Postpartum Depression Disorder: A Hidden Epidemic by Olga Okhapkina

Note: Click on image to see PowerPoint presentation

Summary

In recent times more often the joy of motherhood is increasingly darkened by postpartum depression disorder (PPD). PPD is similar to depression. It occurs when women who gave birth feel emotionally and physically exhausted with or without any definite reason, and in this state, they can be driven to an emotional

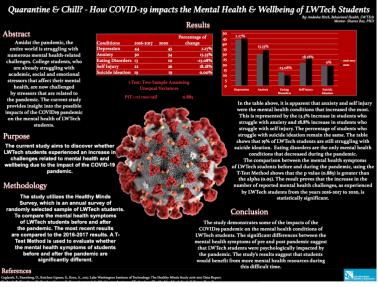
22 | Post Partum Depression disorder: A Hidden Epidemic?

breakdown. The condition usually develops several weeks after pregnancy and can last up to 1.5-2 years. Many women conceal the fact that they have PPD, due to social phenomena like misconception, ignorance, and prejudice. Since childbirth is generally perceived by society as a happy occasion, many find it hard to understand that it may cause traumatic experiences as well. The main purpose of the study to increase awareness of postpartum depression disorder.

The hypothesis of the study is based on a recent meta-analysis which claims that 20% of mothers experience clinical depression after childbirth. This study has a cross-sectional design, and in order to test the hypothesis, an electronic questionnaire was created. The participants were recruited through a convenience sample from Facebook social media in October 2020. The results showed that the number of women who struggled with PPD was higher than the hypothesis states (41.8%). Moreover, the concealing of PPD symptoms can be seen by some of the given answers as well. Only 10.7% of women were officially diagnosed with PDD, yet 41.8% of women stated that they concealed the fact that they had depression after childbirth. Society has many various stereotypes and social stigma which may force new mothers to hide their depression. My research shows that the social stigma due to PDD is having a real impact on mothers in our community. Community efforts to combat this stigma are needed.

Quarantine and Chill - How COVID-19 impacts the Mental Health and Wellbeing of LWTech Students

ANDESHA BIRCH



Quarantine & Chill – How COVID-19 impacts the Mental Health & Wellbeing of LWTech Students by Andesha Birch

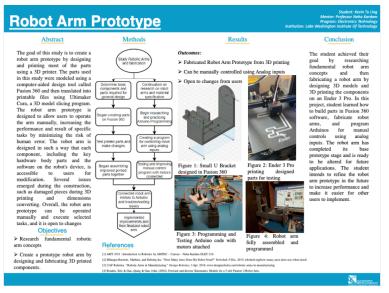
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Summary

Amidst the pandemic, numerous health-related perplexities emerged. One of the lesser discussed perplexities includes trends among different age groups. For college students, these perplexities mostly consist of their inability to meet expectations in academic pursuits, and the ensuing social and emotional challenges. At LWTech, it has yet to be determined the enormity of COVID-19 on the overall wellbeing and mental health of students. The current study seeks to discover whether LWTech students experienced an increase in mental health challenges due to the impacts of COVID-19. The study will employ the "Healthy Minds Study" which is an annual study conducted via online survey of randomly selected samples of LWTech students. The current study will compare the results from the 2016-17 survey to the recent 2020 survey results. The comparison of the mental health conditions of LWTech students before and after the pandemic will provide insight on the impacts of the pandemic on the mental health conditions of the students. The data from the Health Mind Study will be compared to a similar study conducted by the University of Vermont (Copeland et al., 2021) to highlight the possible impacts of COVID-19 on college students and to suggest areas in which measures can be implemented to reduce COVID's negative impact.

Robot Arm Prototype

KEVIN UNG



Robot Arm Prototype by Kevin Ung

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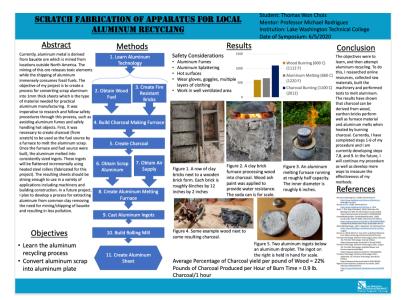
Summary

The goal of this study is to create a robot arm prototype by designing and printing most of the parts using a 3D printer. The parts used in this study were modeled using a computer-aided design tool called Fusion 360 and then translated into printable files using Ultimaker Cura, a 3D model slicing program. The robot arm

prototype is designed to allow users to operate the arm manually, increasing the performance and result of specific tasks by minimizing the risk of human error. The robot arm is designed in such a way that each component, including the key hardware body parts and the software on the robot's device, is accessible to users for modification. Several issues emerged during the construction, such as damaged pieces during 3D printing and dimensions converting. Overall, the robot arm prototype can be operated manually and execute selected tasks, and it is open to changes.

Scratch Fabrication of Apparatus for Local Aluminum Recycling

THOMAS WON CHOIS



Scratch Fabrication of Apparatus for Local Aluminum Recycling by Thomas Won Chois

Note: Click on image to access poster

Summary

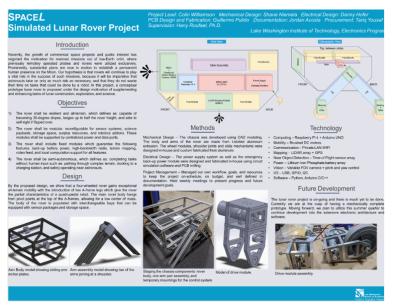
Currently, aluminum metal is derived from bauxite ore which is

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mined from locations outside North America. The mining of this ore releases toxic elements while the shipping of aluminum immensely consumes fossil fuels. The objective of my project is to create a process for converting scrap aluminum into 1mm thick sheets which is the type of material needed for practical aluminum manufacturing. It was imperative to research and follow safety procedures through this process, such as avoiding aluminum fumes and safely handling hot objects. First, it was necessary to create charcoal (from scratch) to be used as the fuel source by a furnace to melt the aluminum scrap. Once the furnace and fuel source were built, the aluminum melted into consistently sized ingots. These ingots will be flattened incrementally using heated steel rollers (fabricated for this project). The resulting sheets should be strong enough to use in a variety of applications including machinery and building construction. In a future project, I plan to develop a process for extracting aluminum from common clay removing the need for mining/shipping of bauxite and resulting in less pollution.

Simulated Lunar Rover Project

COLIN WILLIAMSON



Simulated Lunar Rover Project Poster by Colin Williamson

Note: Click on image to access poster

Summary

Recently, the growth of commercial space projects and public interest has reignited the motivation for manned missions out of low-Earth orbit, where previously remotely operated probes and rovers were utilized exclusively. Prominently, substantial plans are now in motion to establish a permanent human presence on the Moon. Our hypothesis is that rovers will continue to play a vital role in the success of such missions, because it will be imperative that astronauts take on only as much risk as necessary, and that they do not waste their time on tasks that could be done by a robot. In this project, a conceptual prototype lunar rover is proposed under the design motivation of supplementing and enhancing tasks of lunar construction, exploration, and science.

Velocity and Acceleration Profiles of a Shuttle

KWAN JIE LEE, ALEX GALE, LUCAS MINET, AND ANGELA LEE

Velocity and Acceleration Profiles of Space Shuttles



Velocity and Acceleration Profiles of Space Shuttles by Kwan-Jie Lee, Alex Gale, Lucas Minet, Angela Lee

Note: Click on image to see PowerPoint presentation

32 | Velocity and Acceleration Profiles of a Shuttle

Summary

STS-121 is a NASA space shuttle mission to the International Space Station (ISS). The ISS is a habitable satellite (Space station) in a low Earth orbit. We employ calculus-based methods to analyze and study the flightpaths, altitude, velocity, and acceleration profiles of the STS121 data reported by NASA as it travelled through outer space. Our studies unravel information about the critical points, local maxima and minima, concavity, and inflection points in the altitude data. The velocity profiles were fitted to polynomial functions using least square data fitting using linear algebra-based methods. The acceleration data involve piecewise functions which is related to the time scales involving burning of the propellent and separation of the external propellant tank as the space shuttle gets ready to move into orbit. We estimated the work done in transferring a load from Earth to the International Space station. We used optimization methods to design an optimal solar panel geometry for a satellite by minimizing the surface area. This research provides novel applications of the fundamental theorems of calculus to study motion in outer space and involves mathematical modeling, optimization, curve fitting, data analysis and data visualization.

